

TO START

Basket of iced cinnamon bites 5.5

Granola Yogurt Parfait 5.5

Fresh sliced berries, housemade granola, vanilla yogurt

Brown Sugar Oatmeal 4.5

Cinnamon, brown sugar, walnuts, cranberries, raisins

CAFE 4 SPECIALTIES

Stuffed Fried French Toast 8.5

Ask your server for the flavor of the day

Fried Chicken and Biscuits 9.5

Buttermilk biscuits topped with fried chicken and smothered in Sausage gravy,

Lo Country Shrimp and Grits 14

Andouille sausage, red peppers, onions, grape tomatoes, goat cheese and fried egg.

EGG SPECIALTIES

Served with your choice of fresh fruit, roasted potatoes, grits, or oatmeal.

Denver Omelet 9.5

Ham, green peppers, onions, cheddar cheese

Divine Omelet 9.5

Smoked Divina tomatoes, sautéed baby spinach, mushrooms, goat cheese.

Southern Benedict 10

Buttermilk Biscuit, poached eggs, and Sausage Gravy, Herbed Potatoes.

Crawfish and Crab Cake Benedict 12

Crawfish and crab cake, poached eggs, grilled tomato slices, topped with hollandaise.

Filet Benedict 12

Filet, poached eggs, grilled tomato slices, topped with hollandaise.

Breakfast Sandwich 7

Add bacon or sausage- \$1.00

Fried Egg, Gruyere, Fresh spinach, Choose a buttery croissant or toasted bagel.

FROM THE BAKERY

Assorted Muffins · Cinnamon Rolls · Sticky Pecan Rolls

Chocolate Croissants · Strawberry Cream Croissants

Freshly Baked Bagels 2

Plain · Whole Grain · Asiago · Cinnamon Crisp

Flavored Spreads .75

Natural Cream cheese · Honey-walnut · Fresh Berry

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BRUNCH SMALL PLATES & SNACKS

Parmesan and Truffle Fries 6.5
Hand cut fries, truffle oil, fresh parmesan

Flash-Fried Calamari 11
Lightly fried calamari, sriracha aioli

Bleu Cheese Chips 8.5
Homemade chips, blue cheese sauce, bacon, scallions

Roasted Red Pepper Hummus 6
With toasted pita points

Chipotle Pork Quesadilla 8.5
Pulled pork, chipotle bbq, cheddar cheese, Tennessee chow chow

SOUPS

Chicken Lemon Soup 3.5, 5.5
Chicken, rice, lemon cream sauce

Roasted Tomato Bisque 3.5, 5.5
Cilantro sour cream and herbed crostinis

Grilled Cheese Dipper 8.5
Grilled cheese sandwich served with tomato bisque soup

SALADS

Grilled Chicken - add 3 Grilled Shrimp, Steak - add 4

Spring Strawberry Salad 5.5, 8.5
Field greens, gorgonzola cheese, strawberries, spiced nuts, balsamic strawberry vinaigrette

Chicken Salad 7.5
Chicken salad atop greens with tomatoes and cucumbers.

Caesar Salad 5.5, 8.5
Romaine hearts, house made Caesar dressing, parmesan chips, brioche croutons, parmesan cheese

Baby Bleu Wedge 6.5
Bacon, bleu cheese crumbles, tomatoes, bleu cheese dressing

Greek Salad 6, 9
Mixed greens, tomatoes, cucumbers, red onion, feta cheese, pepperoncini peppers, Greek olives, creamy feta cheese dressing

Grilled Chicken Cobb Salad 10.5
Avocado, bleu cheese, bacon, tomato, egg, romaine lettuce, bleu cheese dressing

Hospitality ~ Art ~ Community
4 Market Square ~ Knoxville's Urban Retreat

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BRUNCH FLATBREADS

Roasted Artichoke 9.5

Spinach, tomato, olive oil, goat cheese, pine nuts

Lobster-Bacon 12

Lobster, Applewood Bacon, wild lettuces, tomatoes, dijon crust, smoked gouda cheese

Mediterranean Chicken 10.5

Chicken, marinated tomatoes, mozzarella, pesto

SANDWICHES & BURGERS

Served with choice of housemade fries, housemade chips, fruit or spring mix, with house vinaigrette

Southern Rueben 9.0

Corned beef, Swiss cheese, tangy dressing, sweet onion marmalade, sunflower wheat

Fried Pork Tenderloin 8.5

Lettuce, tomato, onion, pickle, toasted bun

Avocado Tomato Grilled Cheese 8

American and cheddar cheese, sunflower wheat

Grilled Chicken Club 9.0

Grilled chicken, bacon, avocado, jack cheese, tomatoes

Tennessee Cheesesteak 9.5

Sirloin, roasted peppers, sautéed onion, white cheese sauce

Grilled Ham and Swiss 9.0

Black forest ham, swiss cheese, marinated tomatoes, lettuce

Braised Short Rib and Grilled Cheese 9.5

Red onion marmalade, cheddar cheese, sunflower wheat

Café 4 Burger 8.5

Lettuce, tomato, pickles, red onion. add cheese .50

Hickory Burger 9.5

Cheddar cheese, bacon, hickory barbeque sauce, onion ring

ABC Burger 10.5

Avocado, boursin cheese, caramelized onions.

Veggie Burger 8

Baby arugula, avocado, roasted red peppers.

DRINKS

Sweet and Unsweet Iced Tea, Coca-Cola Products, Lemonade, Café 4 Coffee Blend, Espresso, Cappuccino, Flavored Hot Teas, Hot Apple Cider, Italian Sodas

Mega-Mosas 5

16 oz. Mimosas with fresh orange juice, pomegranate or peach nectar

Bloody Marys 5

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